



To: Coventry Health and Wellbeing Board

Date: 8th February 2016

From: Sharon Atkins, Joint Commissioning Manager for Mental Health and Dementia

Subject: Living Well with Dementia Strategy Update

1 Purpose

1.1 To update the board on progress on the *Living Well with Dementia Strategy*.

2 Recommendations

2.1 The Health & Well-being Board is asked to note progress made in implementing the Strategy.

3 Information/Background

3.1 Coventry's *Living Well with Dementia Strategy* was launched in 2014, following extensive consultation with people living with dementia and their family and carers.

3.2 The consultation resulted in 12 statements people with dementia and their carers want Coventry City Council to help them achieve.

4 Progress against the Dementia Strategy

4.1 Table 1 details progress and planned actions against each of the statements identified by people with dementia and their carers.

Table 1: Progress and planned actions against the strategy

Action	Progress and next steps
1. I know how to reduce the risk of developing dementia	<ul style="list-style-type: none">• The Dementia Portal contains information on ways to avoid the risk of developing dementia• Events and information in libraries have been used to spread awareness of how to reduce the risk of developing dementia• Dementia Awareness Week 2016 will be used as an opportunity to further spread awareness
2. Members of the public have a general awareness about	<ul style="list-style-type: none">• A network of volunteer Dementia Friends Champions has been identified and have begun delivering regular

Action	Progress and next steps
dementia	Dementia Friends sessions in Coventry <ul style="list-style-type: none"> • The Dementia Portal contains information on dementia • Events and information in libraries have been used to raise awareness of dementia • Dementia Awareness Week 2016 will be used as an opportunity to further spread awareness
3. I know where I can get advice and I can return for more advice as and when I need it	<ul style="list-style-type: none"> • A Dementia Navigator service has been developed in Coventry and Rugby to support people with dementia and their family and carers • Memory Assessment Clinic provide comprehensive information packs to people diagnosed with dementia, including post-diagnostic support from CWPT and Dementia Navigators • The Dementia Portal contains information on support available, which people can access at any point • Books on Prescription for Dementia is available and promoted in all libraries in Coventry • A pilot project is planned for March 2016 which will include providing comprehensive dementia education to a group of GPs • An Admiral Nurse service for Coventry and Rugby will be launched in spring 2016
4. Workers are knowledgeable about dementia	<ul style="list-style-type: none"> • A pilot offering dementia training to care home staff ran for 8 months in 2015, improving knowledge about signs of dementia and dealing with behaviour that challenges • Dementia Friends sessions are being delivered to groups of public facing staff, such as staff at the Contact Centre and public health programme volunteers • A quality mark for care homes on dementia is planned, which will include a training and awareness element
5. I will receive a timely diagnosis, and then be given information, advice and support tailored to me as an individual	<ul style="list-style-type: none"> • Dementia diagnosis rates have improved from 48% in 2012/13 to 62% in November 2016 • Following additional investment from CRCCG, waiting times for the Memory Assessment Clinic have improved despite the service receiving 50% more referrals than anticipated • A Dementia Navigator service has been developed, offering advice and support to people living with dementia and their families and carers • The Discharge 2 Assess and Dementia Locksmith service has proven successful and will be extended for a further year, helping people remain in their homes and providing tailored individual problem-solving to people with dementia and their families • A pilot is being developed with South Warwickshire to train GPs to undertake dementia diagnosis in less complex cases, reducing time to diagnosis and

Action	Progress and next steps
	<p>improving awareness of dementia support in primary care</p> <ul style="list-style-type: none"> • An Admiral Nurse service for Coventry and Rugby will be launched in spring 2016
<p>6. My individual needs and how I want to live my life are respected</p>	<ul style="list-style-type: none"> • A range of post-diagnostic support is available to people with dementia and their families, enabling them to choose the most appropriate type of support • Programmes such as Singing for the Brain, Dementia Café, Resource Café and Extend exercise programme offer a choice of regular activities tailored to people with dementia and their carers • Improvement work has taken place in dementia care homes, improving environment, activities and staff training • The Dementia Action Alliance programme is being used to create more awareness about dementia in local businesses and organisations people living with dementia may want to use • Dementia Friends sessions are being offered to groups across Coventry to encourage greater awareness of dementia amongst mainstream opportunities • A quality mark for care homes on dementia is planned to raise the quality of dementia support, giving more choice to people with dementia who require a care home place
<p>7. I am supported to try new things and feel valued by the community</p>	<ul style="list-style-type: none"> • Programmes such as Singing for the Brain, Dementia Café, Resource Café and Extend exercise programme offer a choice of regular activities tailored to people with dementia and their carers • The Dementia Action Alliance programme is being used to create more awareness about dementia in local businesses and organisations people living with dementia may want to use • A network of volunteer Dementia Friends Champions has been identified and have begun delivering regular Dementia Friends sessions in Coventry
<p>8. As a carer, I am supported to balance my caring responsibilities with having a life of my own</p>	<ul style="list-style-type: none"> • A Dementia Navigator service has been developed, offering advice and support to people living with dementia and their families and carers • Dedicated carers' services are available through Coventry Carers' Centre and the Resource Cafe • The Dementia Portal contains information for carers • Respite is available through day opportunities for people living with dementia
<p>9. I will be supported to plan for the future while I am able</p>	<ul style="list-style-type: none"> • Post-diagnostic support is available to people with dementia and their families, including support understanding how the disease may progress and

Action	Progress and next steps
	<p>planning for the future</p> <ul style="list-style-type: none"> The Dementia Portal offers information to help people make informed choices about their future
10. I am confident I can get help when things change suddenly	<ul style="list-style-type: none"> Regular reviews are conducted by Memory Assessment Clinic for people who have been diagnosed with dementia, enabling support and treatment to change as the disease progresses Post-diagnostic support such as Dementia Navigators and Admiral Nurses enable people to access support as and when they need it A quality mark for care homes on dementia is planned to raise the quality of dementia support, giving more choice to people with dementia who require a care home place The Admiral Nurse service will offer support from highly trained specialist nurses able to offer support in challenging situations
11. I am confident that my end of life plans will be respected	<ul style="list-style-type: none"> Post-diagnostic support is available to people with dementia and their families, including support understanding how the disease may progress and planning for the future A quality mark for care homes on dementia is planned to raise the quality of dementia support UHCW have made significant improvements in dementia care and environment, benefitting people who require a hospital bed for their end of life care The Admiral Nurse service will offer support from highly trained specialist nurses able to offer support in challenging situations, including end of life
12. As a carer, I will be supported to come to terms with my loss	<ul style="list-style-type: none"> Dedicated carers' services are available through Coventry Carers' Centre and the Resource Café The Admiral Nurse service will offer support from highly trained specialist nurses able to offer support in challenging situations

Report Author(s):

Name and Job Title: Sharon Atkins, Joint Commissioning Manager for Mental Health and Dementia

Directorate: People

Telephone and E-mail Contact: 02476 833 229 / sharon.atkins@coventry.gov.uk

Enquiries should be directed to the above person.